

Gesundheitliche Bewertung dioxinähnlicher polychlorierter Biphenyle in der Innenraumluft

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5. St. Augustiner Expertentreff 7-2015





Gemischte Gefühle vor dem Einzug

Umweltmaßnahmen gehen bei Mercatorhaus

Die ganz große Freude über den neuen Standort des Umweltministeriums hat sich bei den Mitarbeitern des Bundeskanzleramtes nicht nur bei den Umweltaffairs, sondern auch bei den anderen Mitarbeitern des Bundeskanzleramtes verbreitet. Die Freude über die geringe Lärmbelastung des Übergangsbauwerks ist bei den Mitarbeitern des Bundeskanzleramtes ebenfalls verbreitet. Die Freude über die geringe Lärmbelastung des Übergangsbauwerks ist bei den Mitarbeitern des Bundeskanzleramtes ebenfalls verbreitet.



Sanierung bietet starken Sicherheitsvorsichtungen

13. April 2023

Mit Schutzmaske ins Mercatorhaus

Am Donnerstag, dem 13. April, haben die Sanierungsarbeiten begonnen. Für rund 20 Millionen Euro wird das Gebäude saniert. Die Arbeiten werden bis Ende 2023 dauern. Die Sanierung ist ein wichtiger Schritt, um das Gebäude sicherer und nachhaltiger zu machen. Die Arbeiten werden bis Ende 2023 dauern.

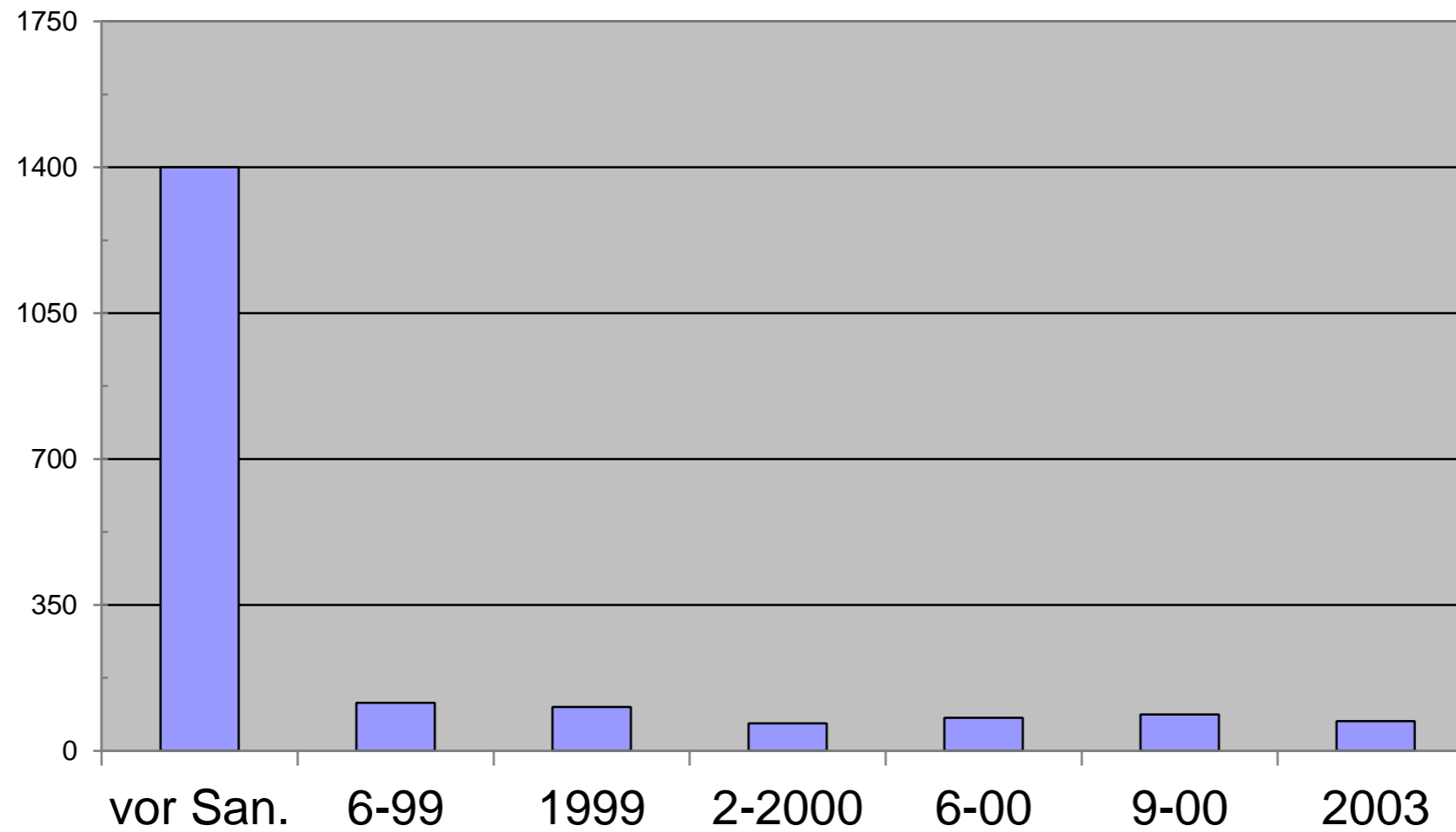
Die Sanierungsarbeiten werden bis Ende 2023 dauern. Die Arbeiten werden bis Ende 2023 dauern. Die Sanierungsarbeiten werden bis Ende 2023 dauern. Die Arbeiten werden bis Ende 2023 dauern.

Quelle: BfA/Bundesanzeiger

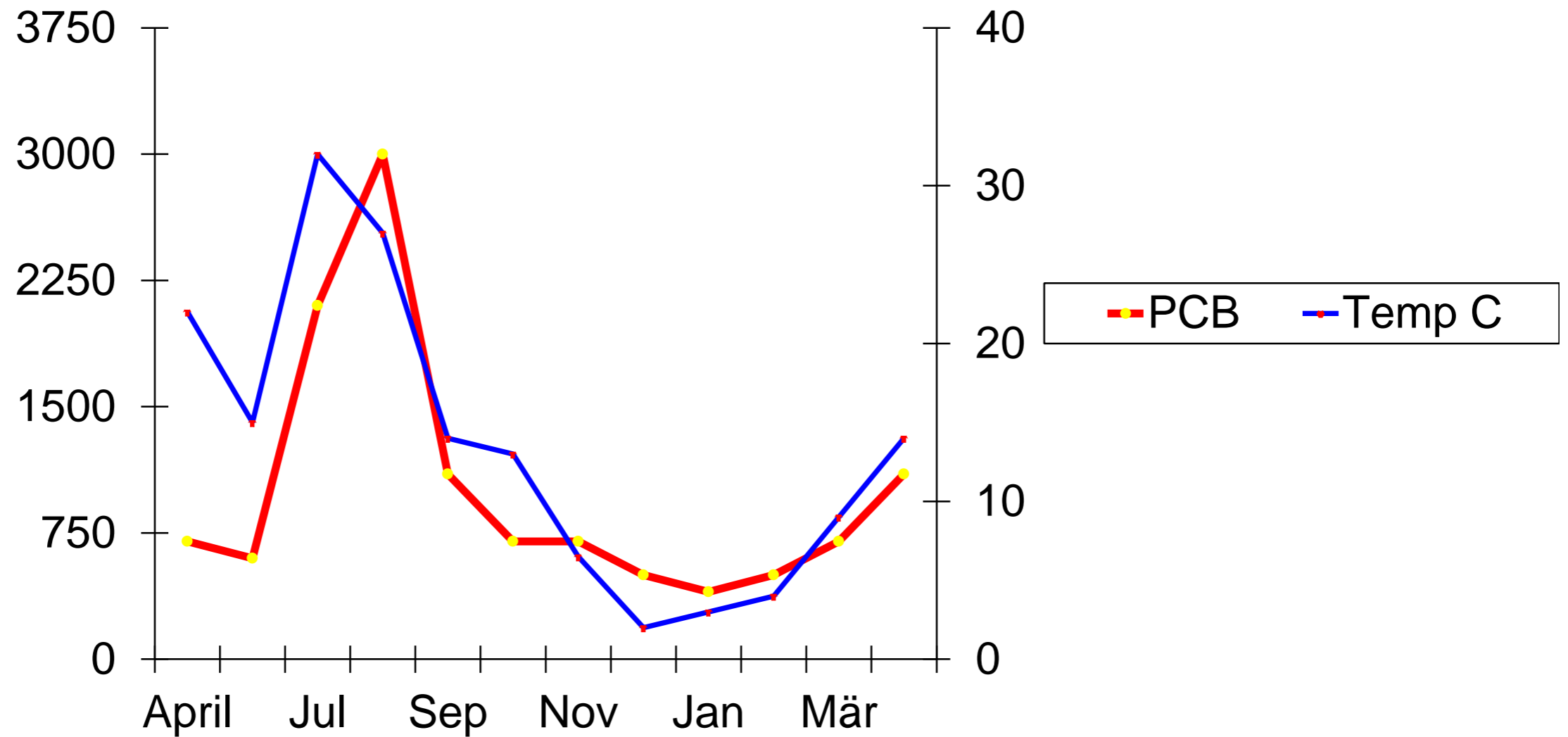
Richtwerte PCB-Richtlinie 1996

- TDI $1 \mu\text{g}/\text{kg}/\text{Tag}$ (=1000 ng/kg KG)
- 60 kg Körper Gewicht
- 20 m^3 Atemvolumen / Tag
- $60\mu\text{g} / 20\text{m}^3 = 3\mu\text{g}/\text{m}^3$
- = $3000 \text{ ng}/\text{m}^3$ **Eingriffswert**
- / 10 (SF)
- = $300 \text{ ng}/\text{m}^3$ **Vorsorgewert, Zielwert**

■ PCB-Raumluft-Belastung



Zeitgang Innenraumluftbelastung



PCB – TDI (FAO/WHO), bga 1983

- Pivotal study species : rat
- NOAEL, oral 100 µg/kg bw/day
- Interspecies : 10
- Intraspecies : 10
- TDI : 1 µg/kg bw/day
- Ist heute überholt !

PCB - RfD (EPA)

- Pivotal study species: rhesus monkey
- LOAEL: oral 5 $\mu\text{g}/\text{kg}$ bw/day
- LOAEL to NOAEL : 10
- Interspecies : 3
- Intraspecies : 10
- RfD : 0.02 $\mu\text{g}/\text{kg}$ bw/day (Arochlor 1254)

Kritische Effekte an Affen

- Immunotoxische Effekte
- Hauteffekte
- Meibohm Drüsen Inflammation,
- Nagelveränderungen
- ==> ??
- Dioxin Kontamination ?

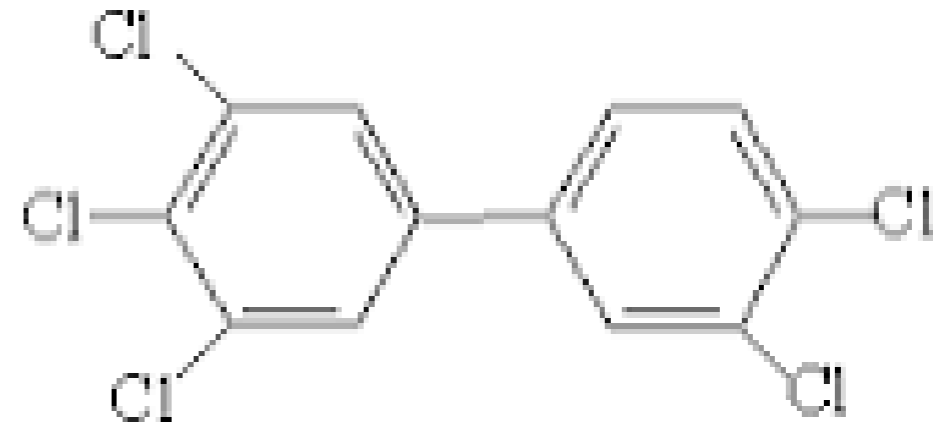
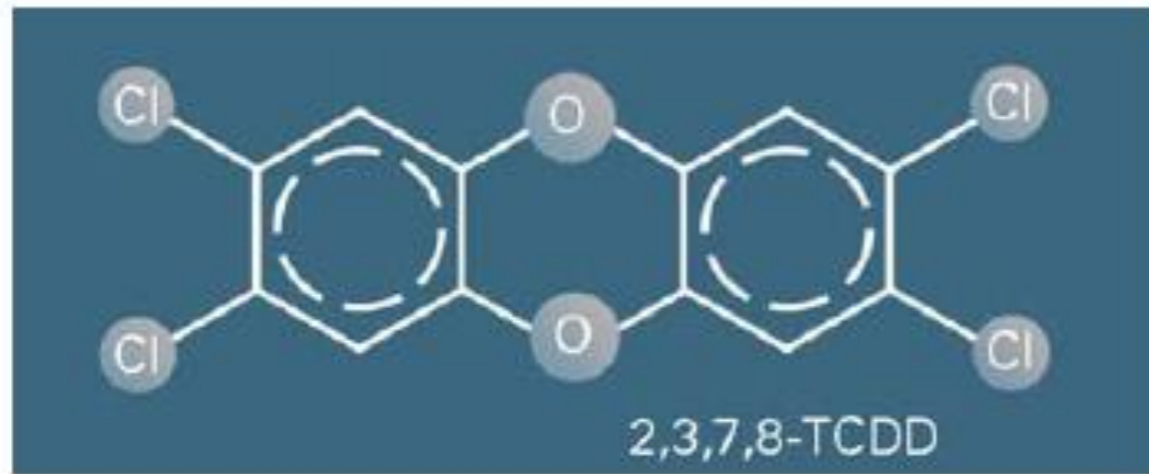
Kritische Studie: Tryphonas et al 1989

- Arochlor 1254 : 5, 20, 40, 80 $\mu\text{g}/\text{kg KG}$
- LOAEL \implies 5 $\mu\text{g}/\text{kg bw}$ oral

Kritische Studie: Tryphonas et al 1989

- PCB 1254 Monsanto KA 634
- PCB Mixtur non-ortho = co-planar
- Kongenere + mono-ortho, di-ortho
- $\Rightarrow 40 \mu\text{g TEQ} / \text{g PCB 1254} !$
- $5 \mu\text{g PCB/kg bw} \Rightarrow \underline{200 \text{ pg TEQ/kg bw}}$
- $> \text{LOAEL TEQ}$
- *SCF 5-20-2001*

dl-PCB



„dioxine-like“ : z.B. PCB 126

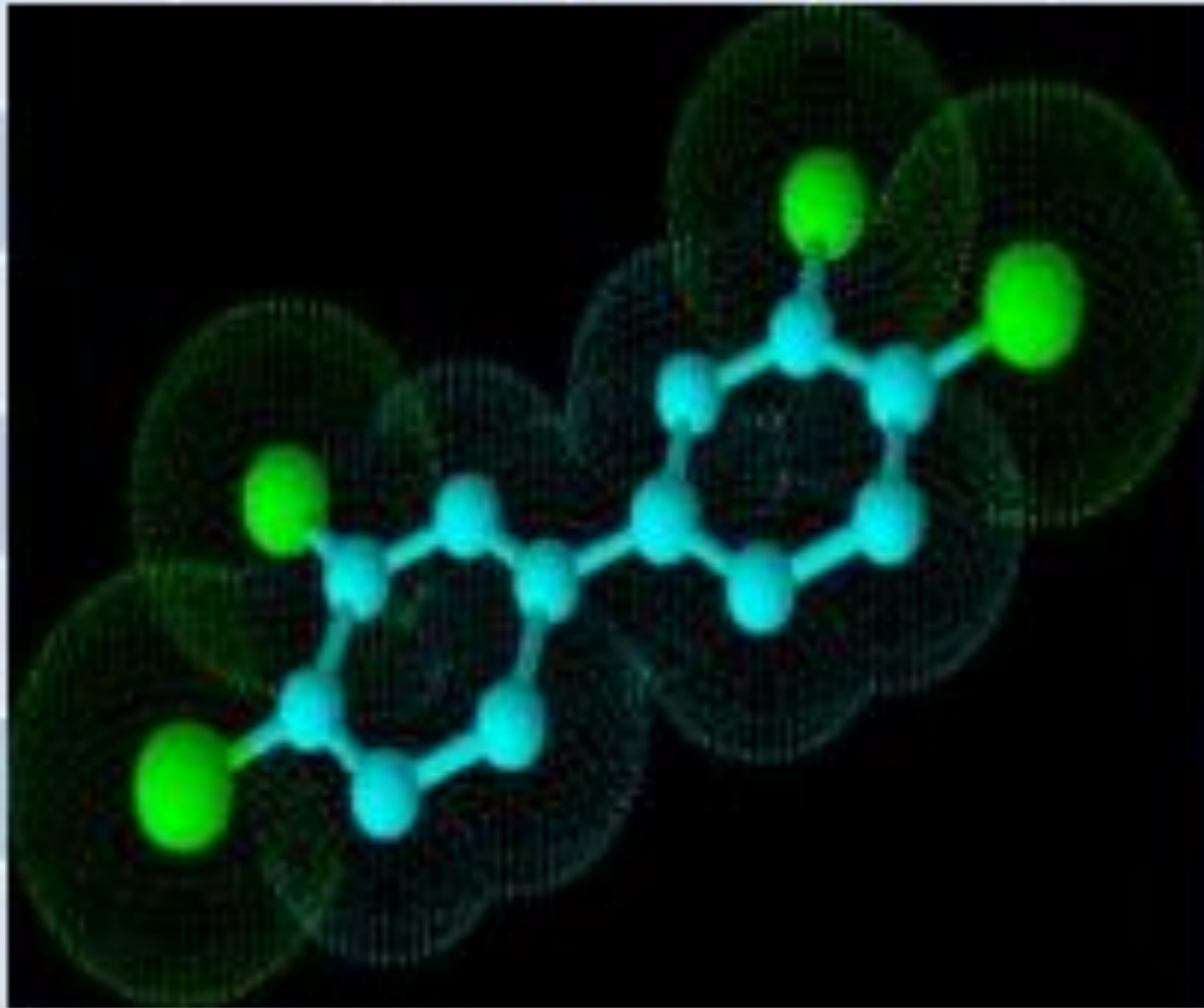
Struktur

Wirkung

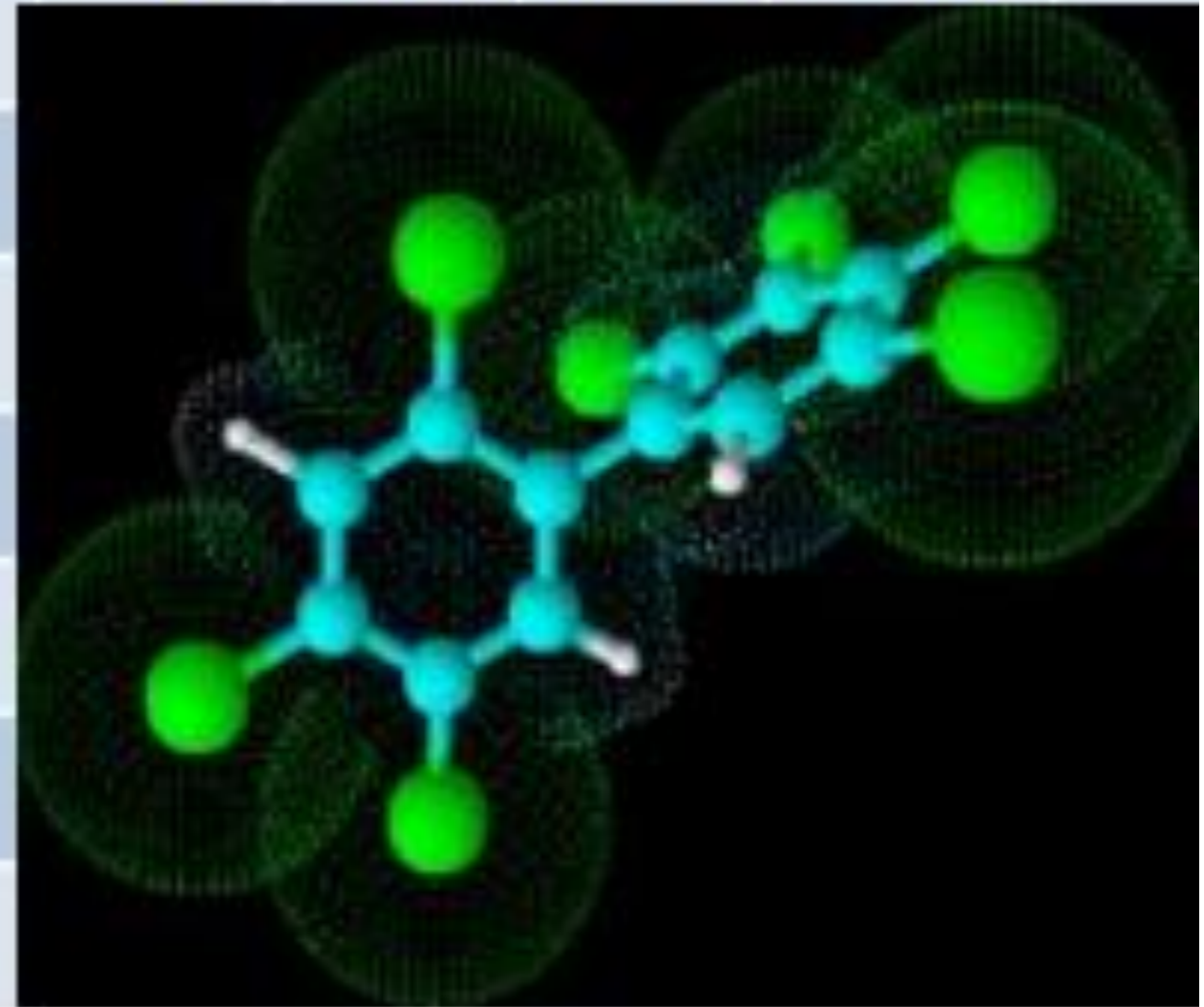
tox. Endpunkte

dl- / ndl-PCB

Coplanar biphenyl



Non-coplanar biphenyl



Bewertung über TEQ (WHO) analog zu „Dioxinen“

Dioxinähnliche PCBs nach WHO :

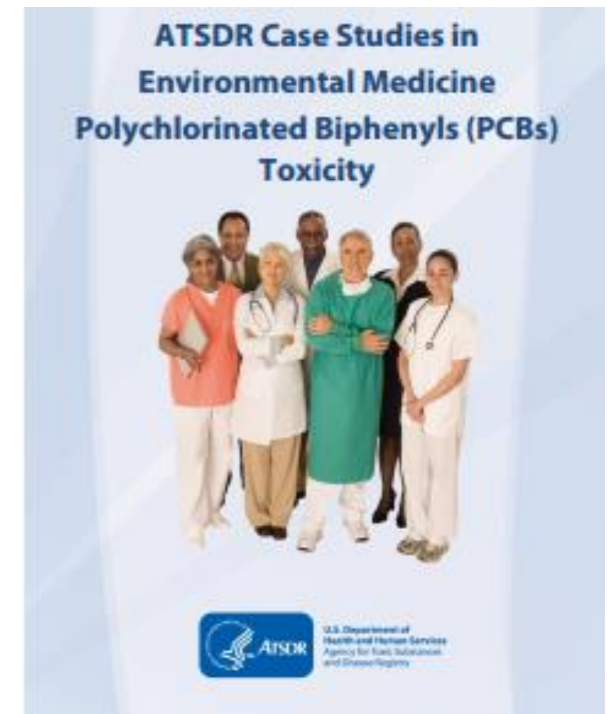
non-ortho PCBs: PCB 77, 81, 126 und 169

(= koplanare PCB)

mono-ortho PCBs: PCB 105, 114, 118, 123, 156, 157,
167 und 189

Toxikologie PCB, Dioxine

- **Exposition immer als Gemisch**
- **Wirkung vielfältig u.a. :**
- Dermatotoxisch
- Hepatotoxisch
- Immunotoxisch
- Neurotoxisch
- Endokrine Disruption
- Entwicklungstoxizität
- Kanzerogen (IARC 1)



ADDENDUM TO THE TOXICOLOGICAL PROFILE FOR POLYCHLORINATED BIPHENYLS

Agency for Toxic Substances and Disease Registry
Division of Toxicology and Environmental Medicine
Atlanta, GA 30333

April 2011

IARC MONOGRAPHS ON THE EVALUATION OF CARCINOGENIC RISKS TO
HUMANS

Volume 107 (2015)

Polychlorinated Biphenyls and Polybrominated Biphenyls

<http://monographs.iarc.fr/ENG/Publications/techrep42/TR42-17.pdf>

<http://monographs.iarc.fr/ENG/Monographs/vol107/index.php>

Key role of mechanistic data in recent evaluations of TCDD, PCBs and PBBs

Béatrice Lauby-Secretan, on behalf of the IARC Monographs Programme

Cancer in humans

	TCDD	PCBs	PBBs
Cohort study populations	Occupational settings (US NIOSH study, JAFSP cohort, IARC multicountry cohort) Accidental exposure of the general population (Seveso, Italy)	Occupational settings (n=13) Accidental exposure of the general population (Yusho, Yushoex, USA) (n=4) Populations with high dietary exposure (n=4) General population (n=16)	Accidental exposure of the general population (Michigan, USA) (n=1)
Case-control studies	Nested case-control studies within the IARC cohort for soft-tissue sarcoma and NHL	Cancer of the breast (n=32) NHL (n=17) Other sites (n=9)	N.A.
Sites with sufficient evidence in humans	All cancers combined	Cutaneous melanoma	N.A.
Sites with limited evidence in humans	Lung Soft-tissue sarcoma NHL	NHL (clear dose-response in several studies) Breast	N.A.
Other positive findings	N.A.	Dose-response for cancers of the brain, prostate, stomach, and pancreas	Combined digestive system (excluding colon and rectum) Lymphoma

Overall evaluations

Agent	IARC Group	Volumes
2,3,7,8-Tetrachlorodibenzo-para-dioxin (TCDD)	1	15, 41, 60, 100F
3,3',4,4',5-Pentachlorobiphenyl (PCB 126)	1	100F
Polychlorinated biphenyls, dioxin-like, with a Toxic Equivalency Factor (TEF) according to WHO (PCBs 77, 81, 105, 114, 118, 123, 126, 156, 157, 167, 169, 189) NB: Overall evaluation, upgraded to Group 1 with strong supporting evidence from mechanistic data	1	100F
Polychlorinated biphenyls	1	18, 107
Polychlorinated biphenyls NB: Overall evaluation, upgraded to Group 2A with supporting evidence from mechanistic data, namely mechanistic similarity with polychlorinated biphenyls	2A	18, 107

Cancer in experimental animals

	TCDD	PCBs: Individual congeners, binary mixtures, and fresh commercial products	PBBs: Individual congeners and fresh commercial products
Rat	Liver, biliary tract, lung, oral mucosa, hard palate, fibrous tissue, tongue, thyroid gland, subcutaneous tissue, adrenal gland, pituitary gland, uterine cervix, pancreas, skin	Liver, biliary tract, lung, oral mucosa, thyroid gland, uterus Offspring: mammary gland (benign + malignant)	Liver, biliary tract, myelomonocytic leukaemia, mononuclear cell leukaemia
Mouse	Liver, lung, thyroid gland, lymphoma, subcutaneous tissue	Liver, lung, skin (topical) Offspring: promotion of lung tumours	Liver, thyroid gland; promotion of liver tumours

Chlorine position on the biphenyl rings and congener nomenclature (B2)

Number of chlorine atoms	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100
1	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100

Dioxin-like PCBs (with a Toxic Equivalent Factor) are highlighted in red.

Historical perspective

- Since 1977, the IARC Monographs Programme has conducted several evaluations of the carcinogenic hazards of dioxins, polychlorinated biphenyls (PCBs) and polybrominated biphenyls (PBBs) (see overall evaluations).
- In October 2009, in the frame of the re-evaluation of 2,3,7,8-tetrachlorodibenzo-para-dioxin (TCDD) in volume 100F, PCB 126 was upgraded to Group 1 and the Working Group recommended an in-depth re-evaluation of agents with properties similar to TCDD.
- In February 2013, the Monographs programme conducted a re-evaluation of PCBs and PBBs.

Mechanistic data relevant to the carcinogenic potential of PCBs and PBBs

Coplanar and non-coplanar biphenyls

Non-coplanar biphenyls	Target receptor	Coplanar biphenyls
CARIPXR	Target receptor	AhR
CYP2B1/2	Induction of xenobiotic-metabolizing enzymes	CYP1A1
Mutations, DNA strand-breaks, chromosomal aberrations	Genetic and related effects	DNA-adduct formation
Liver	Organ toxicity	Liver, skin
Metabolic activation and other mechanisms	Immunotoxicity	AhR-mediated
Driven by hydroxylated metabolites	Endocrine effects	AhR-mediated (steroid hormones)

Carcinogenic potential
Cross potentiation of coplanar and non-coplanar biphenyls in combined carcinogenesis bioassays

Upgrading PBBs based on similarities with PCBs

- Several shared chemical and physical characteristics
- Effectively absorbed and distributed across the placenta and detected in milk
- Long estimated half-lives in animal tissues, serum and fat
- Potent and efficacious inducers of xenobiotic-metabolizing enzymes
- Individual PBB congeners inhibit cell to cell communication or metabolic cooperation
- Individual PBB congeners are weak initiators and strong promoters of two-stage hepatocarcinogenesis
- Ligands for several cellular and nuclear receptors
- Pathological and biochemical changes in the liver and thymus within days in studies of acute exposure
- In studies of chronic exposure in rodents, microscopic changes in the liver, bile-duct proliferation, and mild microscopic changes in thyroid glands
- Reduced immunocompetence following PBB exposure in rodents, birds, cattle, swine, and humans
- Perinatal exposure in rats to PBBs diminished the effect of estradiol administered exogenously on uterine weight and uterine RNA content
- Increased microsomal metabolism of estradiol, estrone and ethynylestradiol in vitro
- Increased odds of a male birth following PBB exposure in women

OUTCOME AND IMPACT OF THE EVALUATIONS

- PCBs identified as priority agents in 2009 (IARC Technical Publication No. 43-Identification of research needs to resolve the carcinogenicity of high-priority PCB congeners, 2009)
- IARC Monographs volume 107 meeting on PCBs and PBBs published to the scientific community through an oral presentation (7th International Workshop on PCBs, Avignon, France, May 2013)
- Contribution to the report by the Danish Health and Medicines Authority "Health data of PCB in the indoor climate in Denmark" (in press)
- Publication of the outcome shortly after the meetings:
 - Baan R, Grosse Y, Shiell K, Secretan B, El Ghissassi F, Bouvard V, Benbrahim-Talib L, Guha N, Galichet L, Cogliani V (2009). *Lancet Oncol* 10, 1143-4
 - Lauby-Secretan B, Loomis D, Grosse Y, El Ghissassi F, Bouvard V, Benbrahim-Talib L, Guha N, Baan R, Mattock H, Shiell K (2013). *Lancet Oncol* 14, 257-8

HOW MECHANISMS COME INTO PLAY

- TCDD was the 2nd carcinogen to be classified in Group 1 without sufficient evidence in humans, on the basis of strong mechanistic data; first subsequently confirmed by sufficient evidence in humans.
- PCB126 upgraded to Group 1 on the basis of extensive evidence showing activity identical to TCDD for every step of the mechanism described for TCDD-associated carcinogenesis in humans
- "Dioxin-like" PCBs upgraded to Group 1 on the basis of evidence showing activity similar to TCDD, and as a class of compounds similar to PCB126
- "HOWEVER, the carcinogenicity of PCBs cannot be attributed solely to the carcinogenicity of the dioxin-like PCBs."
- PBBs upgraded to Group 2A with mechanistic data, based on strong similarities with PCBs.
 - > Cascade of evaluations of individual compounds that have similarities in their biological activities, leading to a higher classification based on strong mechanistic evidence



Gesundheitliche Bewertung dioxinähnlicher polychlorierter Biphenyle in der Innen- raumluft

Mitteilungen der Ad-hoc-Arbeitsgruppe der
Innenraumraumlufthygiene-Kommission des
Umweltbundesamtes und der Obersten
Landesgesundheitsbehörden

Schwelleneffekte?

Ja oder Nein

- **Nein:** genotoxische Substanzen, stochastische Effekte, kein Nullrisiko
- **Niedrig # :** Rezeptorvermittelte, nicht genotoxische Substanzen
- **Ja # :** nicht-genotoxisch, epigenetisch/ zytotoxische Substanzen
 - # Schutz durch NOAEL oder BMD/SF-Konzept :
 - **RW-Wert-Ableitung vertretbar**

Richtwert-Ableitung ad-hoc AG

- Analog zum europäischen Lebensmittelbereich
- Bezug sind dioxinähnlichen Wirkungen sowohl der polychlorierten Dibenzodioxine (PCDD) und Dibenzofurane (PCDF) als auch der dl-PCB
- **POD:**
- **LOAEL** für empfindliche Personen von **6 pg TCDD** bzw. TEQ/kg Körpergewicht und Tag
- Resorbierte Dosis (50%) = 3 pg / kg(KG) Tag
- - Hintergrundbelastung 1,5 pg / kg(KG) Tag

TEQ IRL-RW II

- **1,5 pg/kg KG** Rest für Inhalationspfad →
- Atemrate $0,3 \text{ m}^3 / \text{kg(KG)Tag}$
- $1,5 \text{ pg/kg(KG) Tag} / 0,3 \text{ m}^3/\text{kg(KG) Tag}$
- **= 5 pg/m³**
- **?**
- **Einhaltung TEQ-RW / Σ -PCB-RW**

typische Quellen für PCB IRL-Belastungen:
u.a. Flammenschutzanstriche, Dichtungsmassen



==> PCB A 30 - A 60 „Fingerprint“

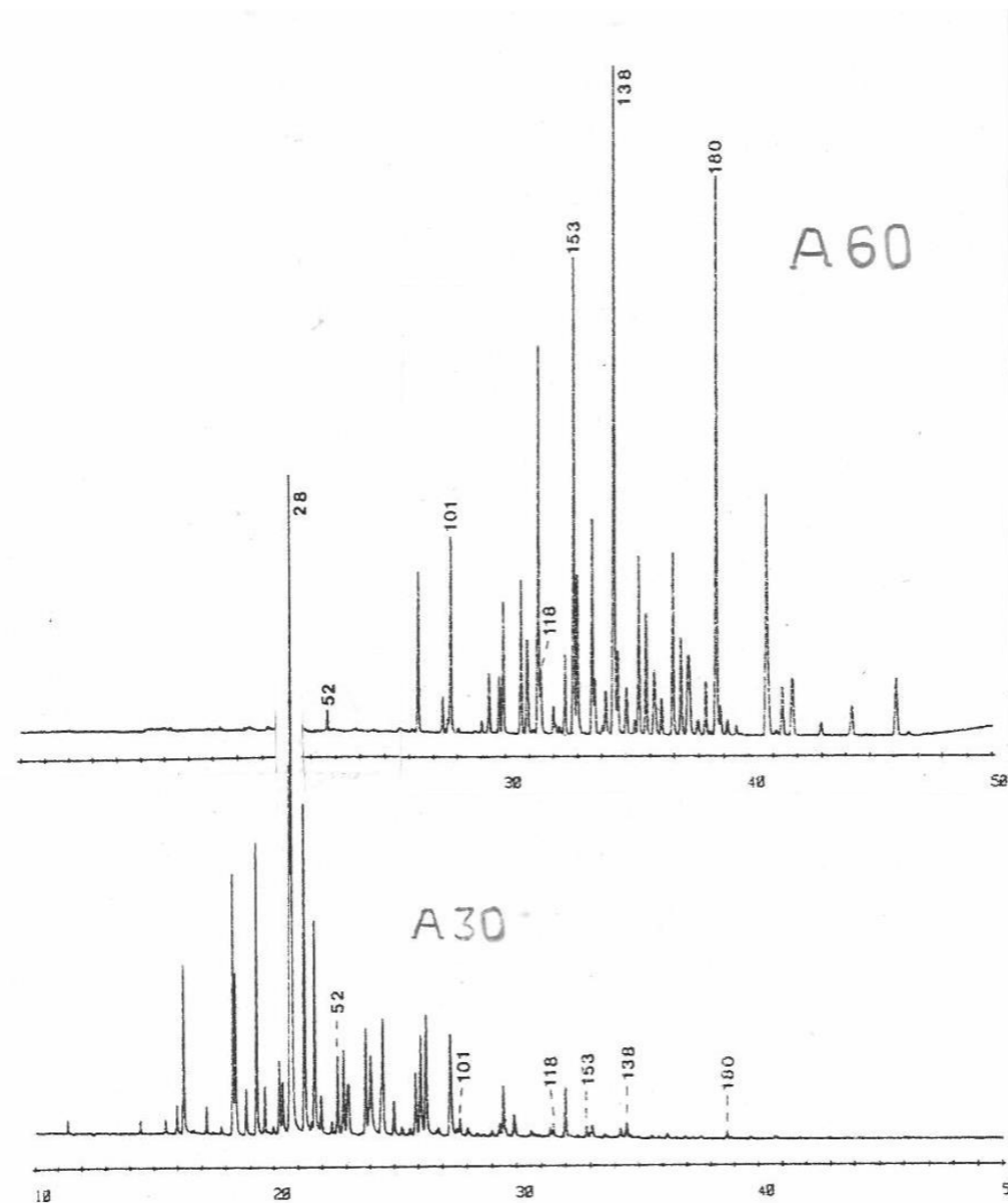
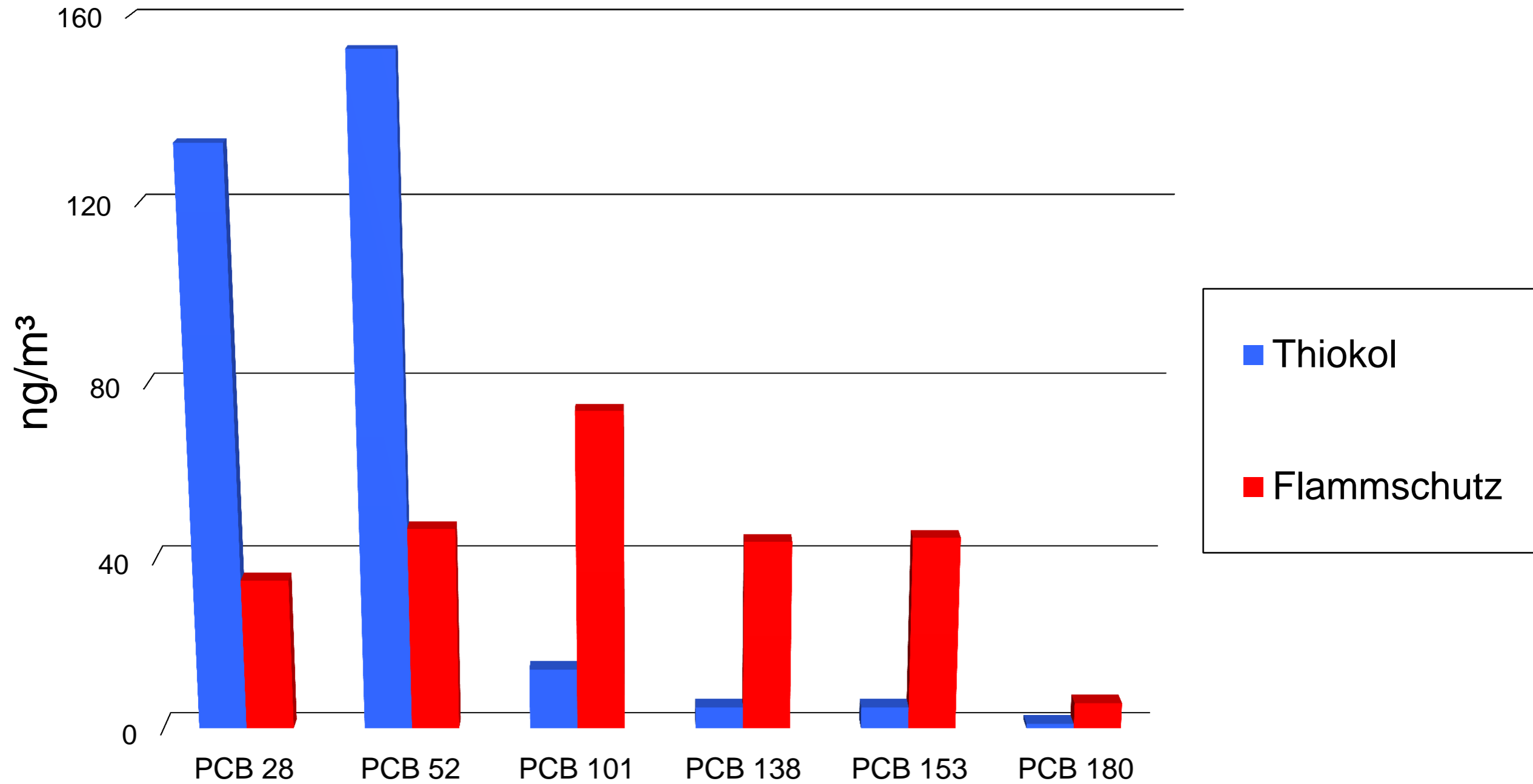


Abb. 2: Gaschromatogramm von Clophen A 30

Muster der DIN PCB-Kongenerere

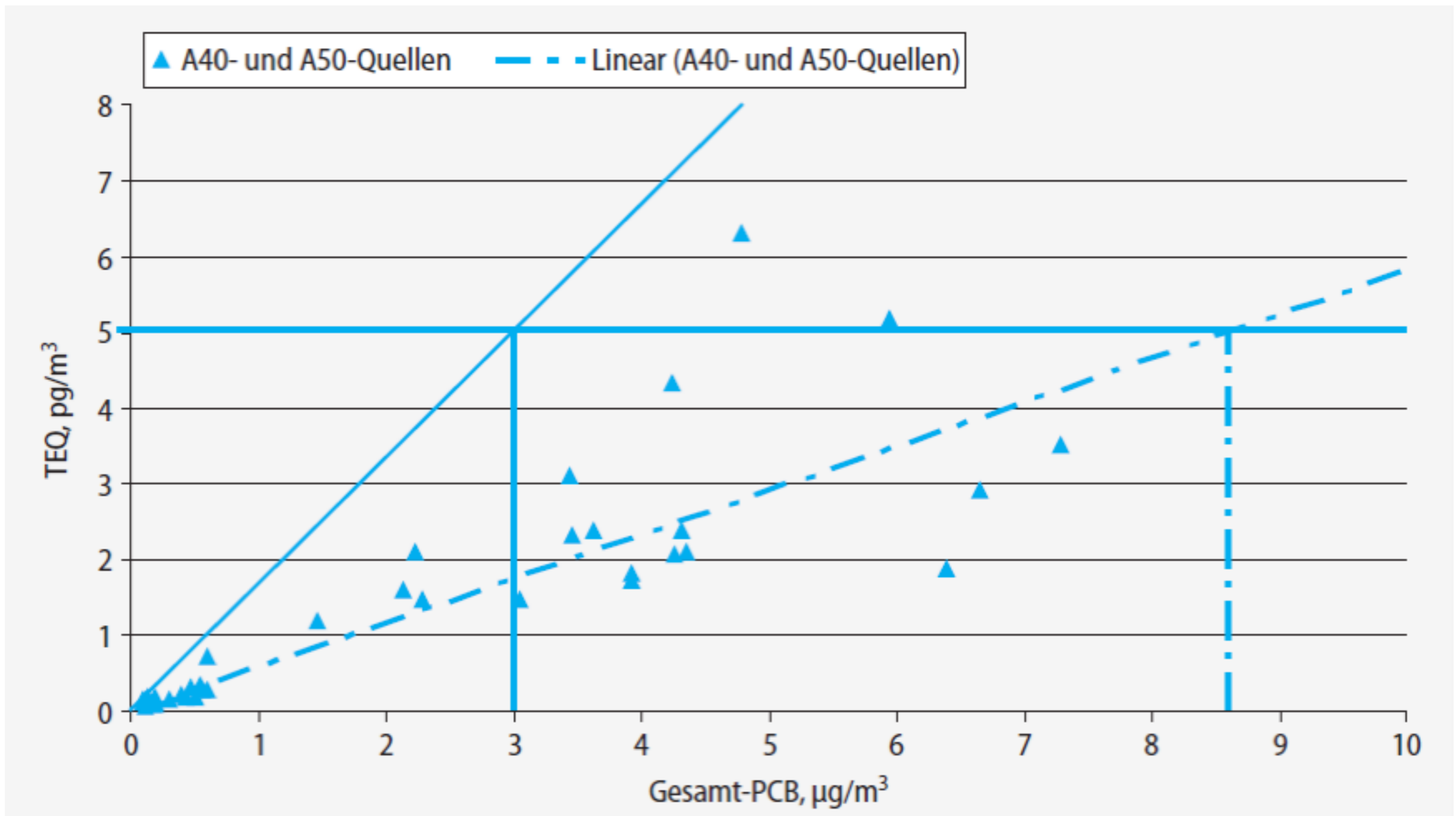


IRL-Belastung aus untersch. Quellen

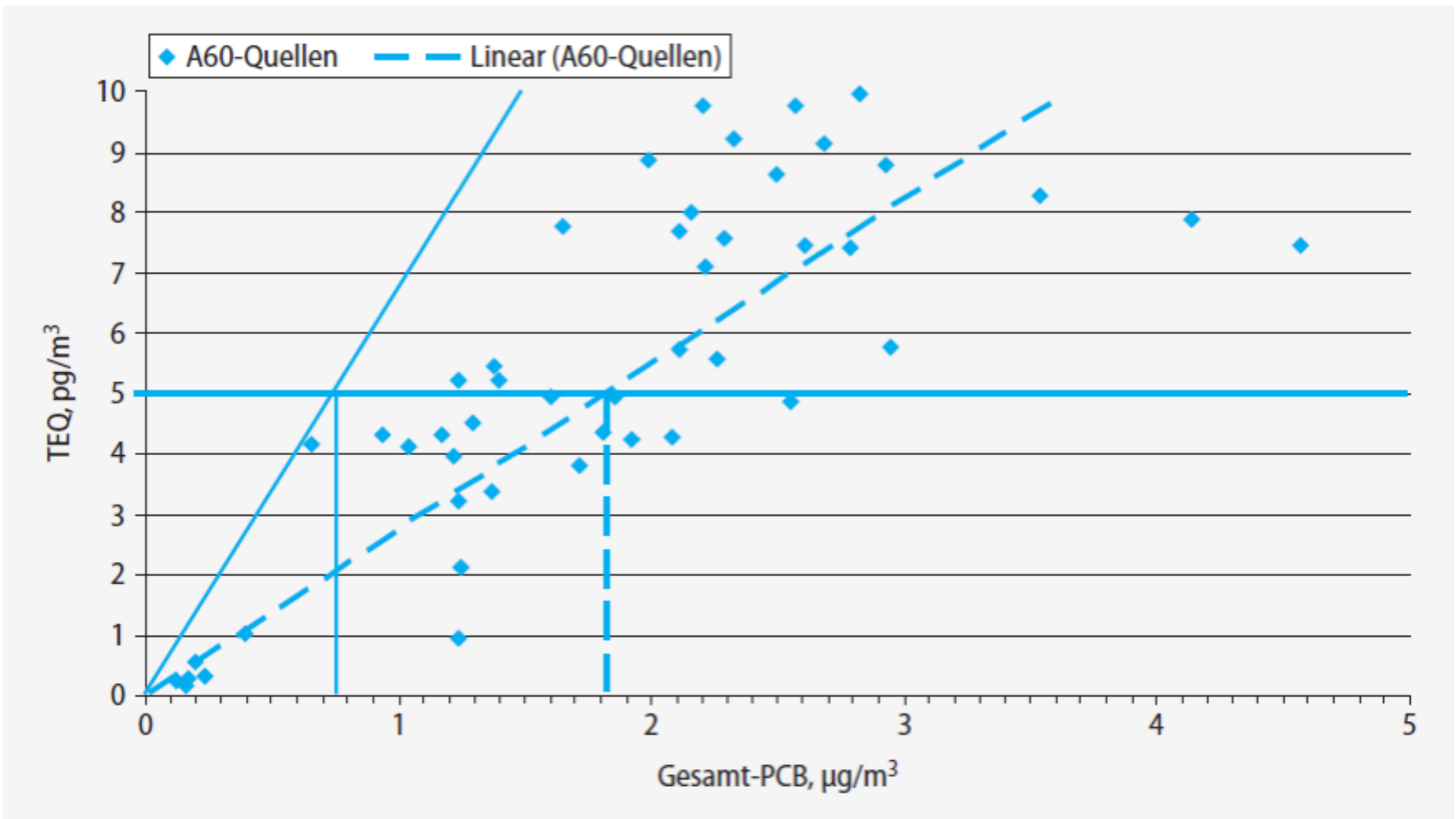
Quelle	Σ -PCB (ng/m ³) (5x6 DIN-PCB)	PCB-TEQ (pg/m ³)	Total-TEQ (pg/m ³)
Thiokol	1400	0.57	0.61
Flamm- schutz	1300	3.4	3.8

- Σ -PCB schlechter Schätzer der TEQ !

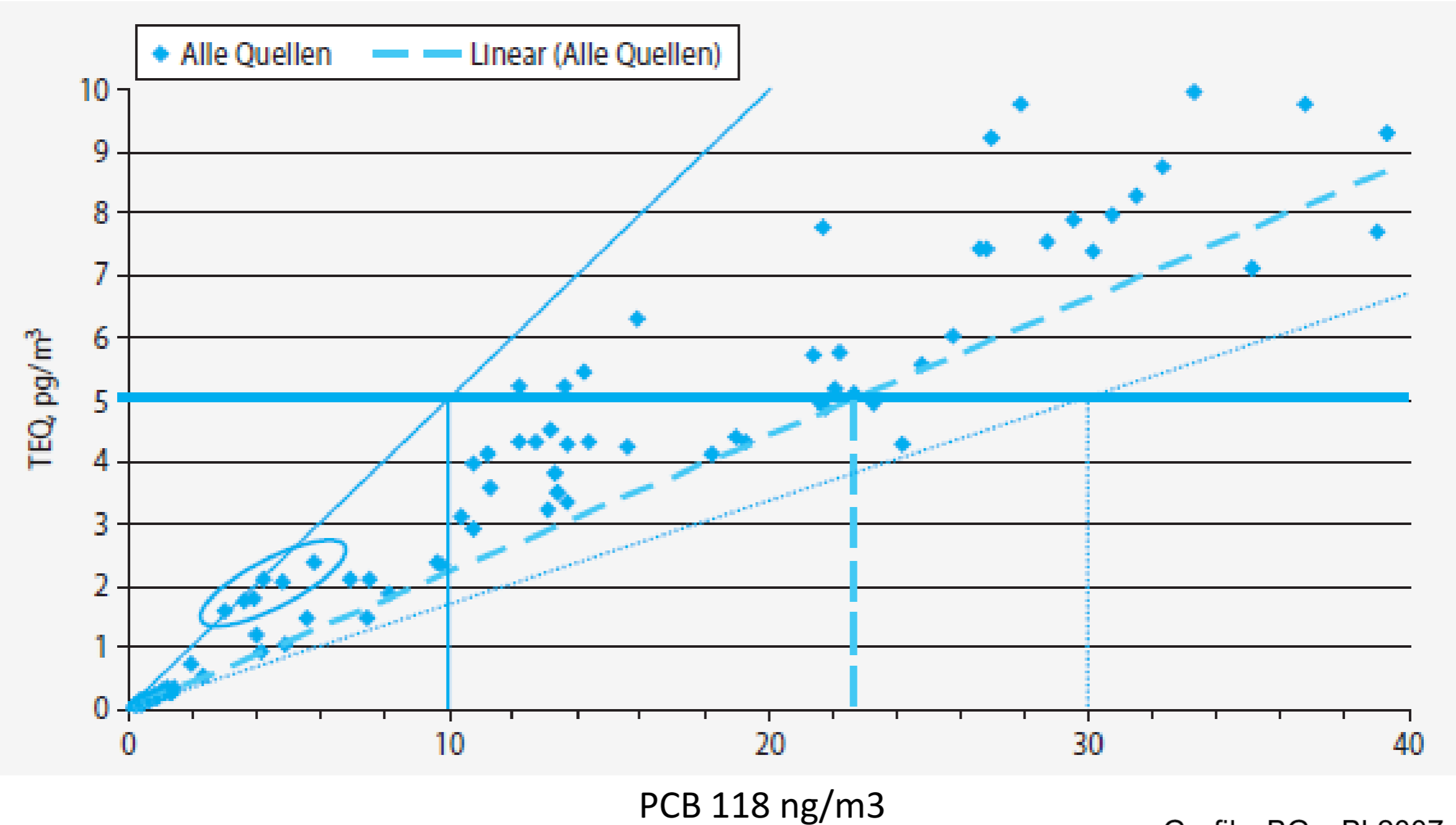
PCB-TEQ-Konzentration /PCB A40 -A50 Quelle



PCB-TEQ-Konzentration /PCB A60 Quelle



PCB-TEQ-Konzentration / PCB 118 Leitkongener



Prüfwerte für PCB IRL-Belastungen

- Einsatz der Prüfwerte ist konservativ mit ausreichender Sicherheitsspanne
- Konzentration **unter 1 µg Σ-PCB/m³**
=> TEQ-Wert **5 pg/m³** mit hoher Wahrscheinlichkeit unterschritten
- Konzentration **unter 10 ng PCB 118/m³**
=> TEQ-Wert von **5 pg/m³** sicher eingehalten!

Aachener Empfehlungen

- Nicht mehr im belasteten Gebäude eingesetzt:
- Schwangere
- Beschäftigte mit schweren chronischen, das Immunsystem schwächende Erkrankungen oder unter Immunsuppression
- Beschäftigte, die sich gesundheitlich gefährdet fühlen oder sehr ängstlich reagieren
- Besondere Beratung von Frauen im gebärfähigen Alter im Hinblick auf Kinderwunsch

HEALTH RISKS OF PCB IN THE
INDOOR CLIMATE IN DENMARK
– background for setting
recommended action levels

2013

Background report prepared for DHMA by Nordic Institute of
Sustainable Products and Environmental Chemistry and Toxicology