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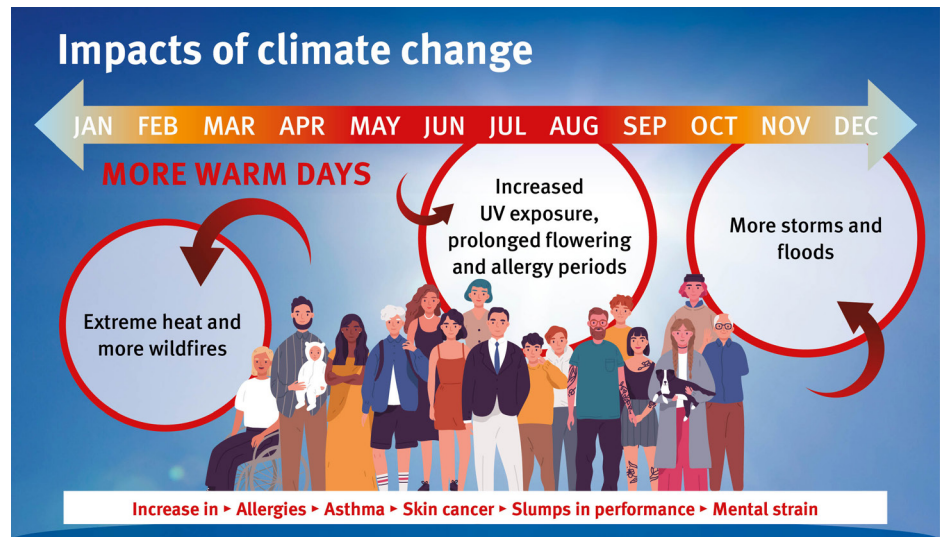
Page 2: Award for outstanding reporting in the field of disability sport – An interview with the GPMA award winners in the Online/Social Media category

Climate change is also posing new challenges for occupational safety and health

Climate change is not a phenomenon of the future. Its consequences have been noticeable for a long time. Climate change needs to be considered to a greater extent in all aspects of occupational safety and health. This requires a comprehensive picture of the impacts of climate change, new protection concepts, research and cooperation.

The consequences of the climate crisis are having an increasingly noticeable impact on us. Extreme weather events are occurring more frequently. Significantly higher temperatures and increased levels of solar radiation mean higher levels of exposure to UV radiation and heat. This can result in slumps in performance, dehydration or skin cancer. Non-native plants, fungi and insects settle in new areas. Prolonged flowering periods can lead to increased symptoms of allergies. Psychological health can also be impacted. “This affects all insured individuals covered by social accident insurance. After all, they can only do so much to protect themselves from exposure to heat and pollen on their way to work or school, or the workplace. However, manual workers that frequently work outdoors are particularly affected”, explains Dr Stefan Hussy, Director General of DGUV. “The list of affected occupations is long and diverse, but the level of risk awareness amongst the public is relatively low. Furthermore, in practice, measures are often not sufficiently accepted.”

Climate protection on the political agenda
 OSH under changed climatic conditions is an urgent issue. It has now been added



to the agenda for the G7 Summit. Climate protection and OSH should be closely interlinked, and safe and healthy working conditions should be established as a fundamental right within an ILO core labour standard. To achieve this, national and international players in occupational safety and health must work together.

The German Social Accident Insurance researches and advises

UV radiation, allergies and heat have been important subjects for the social accident insurance for some time now. For example, in research projects UV exposures during outdoor work are studied resulting in protective measures. Some of the recommendations include adapting the organisation of work, wearing clothing that provides effective protection and wearing sun cream. Now it is time to factor in additional aspects. To this end, interdisciplinary expert discussions on the topic of climate change and OSH are taking place this year. These findings will be incorporated into future discussions on the future of work.

“The health of workers must be given greater consideration in policy measures in future. To make this a reality, we need a comprehensive picture of all the impacts of climate change”, Hussy summarises. “Em-

ployers have a duty to include the consequences of exposure to UV radiation and heat in the risk assessment process and implement suitable measures. However, there are no official exposure limit values for UV radiation and heat so far. In order to develop a sound basis for the assessment of



The rate of skin cancer has doubled since 2000. This is an avalanche that is rolling towards us.

...> From IPA Aktuell 3/2022:
www.dguv.de > Webcode: d1184068
 (German only)

workplaces, we have been collecting measurement data for a cadastre on the levels of solar exposure of outdoor workers in the GENESIS-UV research project since 2014 as part of the research project. It is also important to increase the risk awareness of young workers.”

...> Project GENESIS-UV www.dguv.de >
 Webcode: e1016433



Dear readers,

As we reach the height of summer, the German social accident insurance institutions have been advising the public about the risks of UV radiation. Tirelessly, for many years. Too much exposure to sunlight can cause skin cancer over the long term. In view of the demographic trends and environmental changes, it can be assumed that the number of people affected will increase significantly. Non-melanoma skin cancer is already the most commonly recognised occupational disease. Decades can elapse between exposure and onset of the disease. See graph on p 4.

There are sufficient levels of awareness of the risks of UV radiation in the relevant sectors. This is shown by a survey carried out by BG BAU in cooperation with the IAG institute of DGUV. Where things go wrong is in the implementation and constant use of protective measures. We must continue to raise awareness of the issue – ideally already in daycare centers and schools.

Research is also important, as prevention begins with knowledge of how high the level of exposure is. Since 2014, data has been collected for 200 occupations and several of leisure activities as part of the GENESIS-UV project at IFA institute of DGUV. The objective of the project is to measure the exposure of outdoor workers. The project also helps to provide an overview of the exposure levels of the general population to natural UV radiation. I hope that the findings help to convince people to invest more in protective measures.

I would like to wish you a great summer and I will sign off with a slogan from a previous prevention campaign that is still relevant: Your skin – The most important 2 m² in your life. Look after it!

Best regards

Dr Stefan Hussy
Director General of the German Social Accident Insurance (DGUV)

Interview with Dorian Aust and Philip Wegmann

“Paralympic sport is under-represented”

The German Paralympic Media Award (GPMA) acknowledges excellent journalistic coverage of sport for disabled persons. This year, sports journalists Dorian Aust and Philip Wegmann won the award in the “Online/Social Media” category. DGUV Kompakt spoke with them about their motivations, objectives and ideas about how to make disability sports more visible.

Mr Aust and Mr Wegmann, you run the social media channel “Alles para?” in your free time. How did that come about?

Philip Wegmann: Dorian and I worked together at Cologne campus radio while studying sport science. After that, we wanted to do something together. We have always had links to parasport or disability sport, since we both work as commentators for the blind at Bayer 04 Leverkusen. We also have a friend who is almost completely blind. Dorian ran a marathon with him. I have also been working as part of the press team for Special Olympics Deutschland for a few years. These are the games for people with intellectual disabilities. During the period of coronavirus, we decided to start the podcast and social media channel “Alles para?”.

The German Social Accident Insurance (DGUV) wants the importance of sport in rehabilitation – which is one of the main tasks of statutory accident insurance – to be a stronger focus.

To this end, the German Paralympic Media Award was launched in 1999. The submitted content showcases the wide range of disabled sports and recognises the amazing achievements of the athletes in popular sport and competitive sport. The awards ceremony took place on 6 July 2022 in Berlin.

→ www.dguv.de/gpma (German only)

Why do you report on disability sport?

Dorian Aust: We feel like the entire area of disability sport is somewhat under-represented and does not get a lot of coverage. So we started thinking about ways that we could change this. We did some research and noticed that nobody had made a podcast about parasport. We wanted to change that. I believe we are still the only podcast covering this area.

Along with the podcast, you mainly use Instagram. Why this channel and what particular challenges does reporting on parasport involve?

Philip Wegmann: The topic should reach the broad masses. And we want to address those who participate in Paralympic sport – both in popular and as well as in competitive sports. Since we run the project on a voluntary basis, we also have to make sure that the amount of work involved remains within reasonable limits. That is why the only other social media platform we use along with Instagram is Facebook. Paralympic athletes are also very active on these channels.

Dorian Aust: Our aim from the start was to offer reporting with as few barriers to access as possible. That is why we add subtitles for the trailers for new podcast episodes, for example, so that deaf people are able to read along. Furthermore, our posts have a barrier-free image description to ensure that the content can also be accessed by blind people. We try to have as few barriers as possible. But we’re probably not perfect. There are always things that can be improved, but we’re doing our best.

What do you think is needed to make disability sport more visible in society?

Philip Wegmann: That’s a good question. Money is needed to raise awareness. Sponsors for parasports athletes, so that they can be seen as advertising figures in the same way as non-disabled athletes are. Of course, barrier-free sports facilities are also needed. Unfortunately, for the most part, it all comes back to the financial aspect.

Dorian Aust: I think that more professional structures in disability sport are needed. Starting with a good, barrier-free online presence. We also need to reach people



Commemorative photo from the emotional GPMA 2022 awards ceremony, including the winners, nominees and the patron of this year's awards ceremony Henry Wanyoike (centre).

Source: © Jan Röhl / DGUV

without a disability. After all, the majority of the population are non-disabled. Professional storytelling that gives the public an insight into the associations and clubs would help here. Then the media could easily use and distribute the relevant material and thus arouse more interest among the general public and strengthen the visibility of para-sports.

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I think that more professional structures in disability sport are needed.

What have been the most emotional encounters during your reporting?

Philip Wegmann: Meeting Sebastian Dietz, the two-time Paralympic champion, when he talked about the car accident he was involved in and the massive change it made to his life. Meeting Tim Focken was also very emotional. He spoke about his service in Afghanistan as part of the German Armed Forces, during which he suffered a serious injury, which resulted in brachial plexus palsy.

Dorian Aust: Ultimately, as part of our reporting, we always try to bring out the emotional side of the people we interview. For example, in an early episode of our podcast we spoke to Johannes Grasser, who has severe disabilities. He studies and plays sport as a way to stay alive and keep living an independent life. This gave us a

special perspective of something that is so commonplace for us and something that we often take for granted.

What does it mean to be one of the GPMA award winners?

Philip Wegmann: We were so happy. Part of what made it so special is the fact that we do all of this on a voluntary basis. That makes it even more rewarding that our channel is appreciated.

Dorian Aust: It is a great honour, and we are very proud to hold this award in our hands. We always do this alone at home at our computers, and the most we see usually is a few clicks or comments. This gives us a fresh injection of motivation to continue the project and keep at it.



Dorian Aust and Philip Wegmann run the social media channel “Alles para?”

➔ www.facebook.com/allesparapodcast (German only)

➔ www.instagram.com/alles_para (German only)

GPMA 2022 award winners

Hendrik Diekert

Category: Film/Video

In his short film “Die Geschichte eines Kämpfers – Wie ein Para-Sportler seinen Medaillentraum verfolgt” (EN: The history of a fighter – How a para-sports athlete is chasing his dreams of a medal), Hendrik Diekert covers the swimmer Josia Topf. Josia was born without arms and knee joints. Water is the only place where he can move freely.

Marcus Brandt

Category: Photo

Marcus Brandt captured a spectacular moment: The photo shows Egyptian table tennis player Ibrahim Elhousseiny Hamadtou playing a match during the Paralympic Games in Tokyo. Hamadtou has no arms, so he holds the bat in his mouth.

Heike Mund

Category: Audio

In her podcast “Vom Handbike zurück zur Artistik” (EN: From the handbike back to performance art), WDR editor Heike Mund tells the remarkable story of Silke Pan. For many years, Silke Pan competed in international paracycling races. Then she switched back from the handbike to her previous passion of circus artistry. She is able to move independently with an exoskeleton.

Thorsten Schmitz

Category: Articles

Journalist Thorsten Schmitz profiles paralympic swimmer Gina Böttcher in an article for the Süddeutsche Zeitung entitled “Ins kalte Wasser” (EN: Into the cold water). The article shows that anything is possible: Gina Böttcher, who almost drowned as a child, is now one of the fastest swimmers in parasport.

Dorian Aust and Philip Wegmann

Category: Online/Social Media:

↔ see interview

Special award

As a strong symbol of solidarity, this year's GPMA special award went to the Paralympic team of Ukraine. Valerii Sushkevych, President of the National Paralympic Committee of Ukraine, accepted the award on behalf of the team.

➔ You can find contributions from all nominees at: www.dguv.de/gpma > Awards ceremony 2022 (German only)

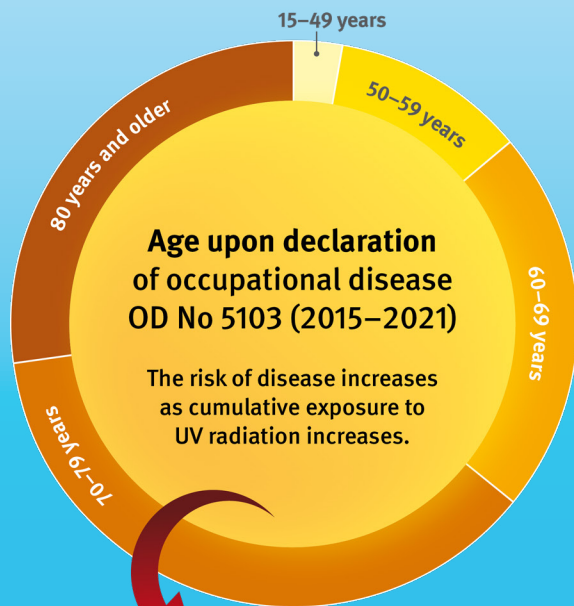
There is no such thing as a healthy tan

You cannot see them but they are a risk to your health: UV rays. Since 2015, non-melanoma skin cancer caused by natural UV radiation has been recognised as an occupational disease. The number of people affected has been very high since then and

will continue to increase in future. This is because the effects of overexposure to sunlight are only seen later in life. As we get older and our immune system becomes weaker, the damage can often show itself in the form of non-melanoma skin cancer.

Prevention measures implemented today will only take effect many years down the line. Protection is especially important for outdoor workers.

➔ www.dguv.de › Webcode: d33994



➔ Video at www.tube.dguv.de › "Hautschutz und Sonnenschutz" (EN: Skin protection and sun protection – video is in German only)

Recognised cases of skin cancer due to natural UV radiation as an occupational disease (OD No 5103)



Rehabilitation sport and long COVID

The German Social Accident Insurance and the National Paralympic Committee Germany invite you to the "Corona and Sport" forum in Berlin on 9 September 2022. The aim of the forum is to discuss how rehabilitation sport can help patients with long COVID. Studies show that sport has a positive effect after overcoming an illness. Rehabilitation sport could be an effective way to help people affected by long COVID on their journey back to everyday life. Furthermore, experts from the areas of medicine, science, politics

and practice will come to discuss rehabilitation sports at the first forum focused on this topic. In the follow-up, actors in rehabilitation sport are to be informed and sensitized. Rehabilitation is one of the key tasks of statutory accident insurance. That is why the German Social Accident Insurance is promoting rehabilitation sport and disability sport. The aim is to allow insured individuals quickly get back to participating in their work life and social life after an occupational accident or occupational disease.



Deutscher Behindertensportverband e.V.
National Paralympic Committee Germany

Forum Corona und Sport

➔ www.dbs-npc.de/forum-corona-und-sport (German only)

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